# YOUTH PROTECTION FROM STIs/AIDS

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Historians never mentioned the spread of sexually transmitted diseases without highlighting the reasons behind it, such as the absence of morals and values in society; people driven towards materialism; rarity of virtue and the change in society's view towards sexual activities. There-

fore, we cannot separate morality from sex. Freud was working on these lines when he stated:

"Indeed, man does not achieve himself without sexual satisfaction ... all limitations of religion, morality and traditions are false restrictions which lead to destruct the human energy, and that it is illicit repress".

This understanding was confirmed by "The Protocols of the Elders of Zion', where it says:

"We must work to break down morality everywhere in order to make it easy to control others. Freud is one of us, and he will continue to expose sexual relations explicitly, so that nothing will remain sacred in young people minds, and that their main concern becomes to satisfy their sexual instincts and consequently their morals will collapse".

As a result, the sexual revolution erupt and morals, ethics and values collapsed; a crazy sexual wave hit the roof driven and fueled by fashion, pornographic books, magazines and films, all under the pretext and cause of personal

freedom. What made things worse, is the wide-spread of pornography satellite channels and Internet role in broadcasting all the wired and wicked sexual practices of which young people would never thought of. Furthermore, these tools were designed in a way that it gradually pulls the youth leg into this business even without youth planning or noticing. A good example of this is one pornography website received over 22 million visitors in one year, of which viewers were between the age of 12 and 17 years old.

Sexually Transmitted Diseases (STD)s are a group of infectious diseases, caused by different microbes transmitted from person to another by sexual contact; especially adultery and homosexuality and what leads to it. STDs microbes do not spread by water, air or food, but only by direct contact between the infected and the new victim. It is worth noting here, that these microbes do not infect animals despite of its sexual promiscuity.

These diseases cause physical deformities

and the infected person suffers slow and painful death which is ultimately depressing, bitter and sad way to end their lives. Socially speaking, patient's life will turn to bleak and misery since it is hard to reveal their health secrets or complain about it publically. To add insult to injury, the patient can't have much sympathy, sometimes not even from the closest relatives such as parents or their marital partner, because such diseases and its consequences such as pains and shame were avoidable.



Prof. Dr. Ali Mash'al
Executive Director
Federation of Islamic Medical Associations (FIMA)

Sexual Transmitted Diseases (STDs) in general, and AIDS, in particular, became a global health, social and economic dilemma. According to the World Health Organization, there are more than 40 million people who are HIV positive carriers in the world; 7 thousand new infections are occurring every day and further 6 thousand people die everyday because of AIDS.

FIMA became more concerned about the growing need to protect the societies in general, and the Muslim communities in particular from the scourge of this global dilemma. Our activities started in Africa then extended to South East Asia and later to the Arab region; where the WHO statistics shows that only 1% of the population is HIV positive carriers which is very low percentage comparing to the rest of the world. It is believed that this is due to the positive impact of the Islamic conduct and valuesystem besides the cultural heritage. However, this interpretation of statistics should not encourage complacency that hold us back from facing the wide spread of this disease which is driven by the effects of globalization and new life style that eliminated many obstacles from its way.

FIMA has laid down the foundation of facing these diseases on different levels, locally and globally, and since 2006 this was achieved through Youth Protection from Sex-

ually Transmitted Diseases \ AIDS' project.

We at FIMA were blessed by Allah (swt) to have an expert and a competent STDs consultant who volunteered to develop and lead the project. Dr. Abdul Hamid Al-Qudah successfully led the pioneering efforts and formed a team of workers to serve this project world wide. Dr. Al-Qudah did not spare any effort in supporting this project by working among different youth communities all over the world besides lecturing, training and authoring numerous books and leaflets in the field, as will be demonstrated in this introductory booklet.

Finally, I pray to Allah Almighty to guide, direct and bless these activities and to make these efforts purely for His sake.

#### **Examples of deformities caused by STDs**





Picture 1

Picture 2

Picture (1) Adulterer who was affected by syphilis due to oral sex Picture (2) AIDS patient







Picture 4

Picture (3) syphilitic Face deformities which was due to forbidden sex Picture (4) Another adulterer with Face deformation (Our prophet (pbuh) says: you have to lower gaze, guard your chastity, otherwise your faces will be distorted as a form of punishment)

(Narrated by Tabarani)

#### Facts And Figures About Sexually Transmitted Diseases

#### First:

These diseases are mainly acquired by forbidden sex such as adultery, promiscuity and homosexual activities which is widely spread in some communities comparing to Muslim conservative and religious communities where sexual abstinence is the norm and marital is vital. But these communities are not immune since free attitudes to sexual activity are finding their ways to youth which is encouraged by the ummah's enemies to weaken the society and to destroy our morals. Muslims must adhere to what Allah swt commands: "And do not approach unlawful sexual intercourse. Indeed, it is ever an immorality and is evil as a way" (Q17: 32). Enemies are trying to break down morality of our youth and drag them through their sexual instincts, that is why they decleared "Sex and Decedancy are the elements of the future war".

#### Second:

This is a global pandemic, which is more common in western societies as a result of expanding personal and sexual freedom. According to WHO statistics, 6%-7% of world population will catch a STI every year, some will recover while the rest will live with it or die as a result of the infection.

#### Third:

Denmark was the first country in the world to grant legal recognition to same-sex unions, in the form of "registered partnerships", in 1989, which was followed with same sex marriage law in 2012. Numerous countries followed Denmark steps, the most recent are Ireland and USA in 2015 where gays are also allowed to serve openly in the military. This is a global direct support to spread homosexuality, despite the well-known fact that the highest rise in STIs is among homosexuals.

#### Fourth:

The number of STIs casualties is increasing every year. It is estimated that there are 350-500 million new cases annually, and according to WHO reports, the num-

ber was 499 million casualties in 2013. These infected patients either die, or recover if they had the suitable treatment in the right time, or live with the disease and suffer for the rest of their life from distressed and physical deformation of their sexual organs and this undoubtingly will affect his/her personal life.

#### Fifth:

Most of the casualties are from youth and adolescence. Youth aged between 15-25 years old are more likely to be infected with these diseases. According to Pamela Beck Reports (June 2000), more than 70% of high schools students had sex before their graduation; at least 12% caught one or more of the STIs and 20% of girls are infected with one of the STIs without even noticing. Moreover, later studies showed that these numbers and statistics had increased. Furthermore, these diseases are now present in our Muslim countries. In a study carried out in Indonesia on high school pupils by (Child Protection Commission, 2010) the results showed that 97% of pupils do watch pornography; 63% of preparatory school girls have lost their virginity; and 21% of second-

ary school girls had an abortion.

#### Sixth:

According to the WHO, the world spends more than \$150 billion on STIs diagnoses and medicine. If this amount of money was spent wisely on developmental projects there will be no poor, illiterate or hungry people in the world.

#### Seventh:

The STDs were five in the past, now these have increased gradually and became up to tenfold due to the massive change in peoples sexual practices which includes oral sex and homosexuality etc. As a consequence, the STIs microbes became visible on youth tonsils and throats which led to new unknown medical cases which confused doctors. Some of which, according to recent reports in 2012, is the increase of youth throat cancer in England which surpassed all the expectations and came in the first place in the head and neck cancers.

This reminds us with the prophetic statement: "As obscenities emerge in any nation and practiced among them openly, new pandemics of diseases and pain will

emerge as never been in their ancestors".(Al Hakim) Eighth:

Promiscuity is naturally present among animals, but animals are exempted from these diseases.

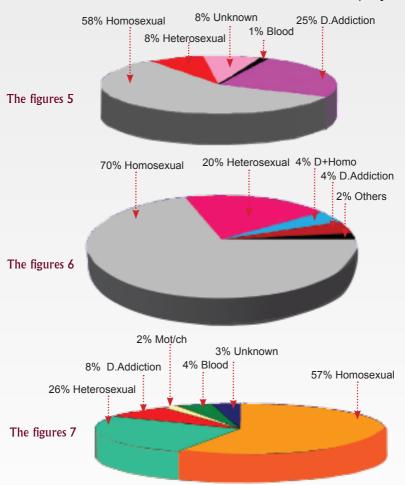
Allah (swt) grants mankind the highest cognitive abilities among His creatures which enabled them to think and act to prevent themselves from such diseases. This was supported by sending the prophets and holy books of guidance. But those who indulge in drugs and forbidden sexual practices such as promiscuity, adultery and homosexuality will be punished by suffering from such diseases in this life and in hell fire in the life after.

#### Nineth:

International reports regarding AIDS for the year 2000 indicated that in the US, for example, 91% of those infected with HIV\AIDS caught it in a forbidden sex (see figure 5); the percentage has gone up to 98% in 2012 (See figure 6). The figures in UK are similar (see figure 7). Therefore, we conclude that most of the infections are because of falling in the unlawful behavior and committing these prohibited practices such

as taking drugs, committing adultery and homosexuality as these are forbidden in all Abrahamic religions.

Therefore, it is evident that avoiding the forbidden is not only a way to achieve Allah's satisfaction but it is also a way to achieve protection from these STIs / AIDS and that is the ultimate aim of this project.





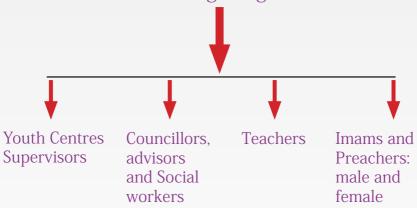
Our team at FIMA are the most qualified to bridge this gap, as they are specialised in the field; aware of the real danger and impact of these STIs on youth; vigilant to the challenges facing the Muslim youth; and because prevention is better than cure, we developed this project to protect youth through training and qualifying 100.000 volunteers i.e. teachers, Imams, preachers and social workers and all those who are able to learn and teach. In return all volunteers are required to deliver 10 lectures every year in order to hit our target of one million lecture and activity annually in order to increase the general awareness towards these diseases and their causes; to warn youth from its danger and consequences in both lives; and to explain how they can avoid these disease through religion, chastity, patience and commitment.

#### The Project

The idea of this project is consisting of qualifying volunteers scientifically, religiously and medically in relation to these diseases in order to lecture Muslim youth everywhere.

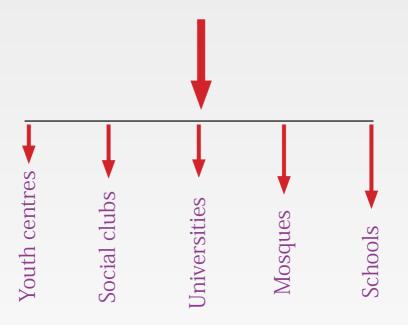
#### **Team Work**

Scientific, religious and medical training for the following categories:



### **Volunteers duty**

To carry out an educational, awareness, and voluntary lectures in



#### **Facts for Trainees**

- The training duration varies from one to five days long.
- Sixteen interactive and filmed lectures.
- Twenty subject specialised books.
- Images for two lectures ready for presentation.
- Attendance certificates for each course from FIMA.
- Free training despite the high costs.
- Training delivered by professional and expert trainers.

### **Training Courses**

1. Introductory Course to protect youth from STIs/AIDS .

one day training course.

2. Protecting youth from pornography addiction .

one day training course.

3. Safe sex education in light of Islamic law.

one day training course.

4. Lecturers Course in youth protection from STIs/AIDSO.

three days course.

5. Qualifying trainers in youth protection from STIs/AIDS .

fIVE days course.

# National And International Training Album



### TRAINING IN JORDAN













### TRAINING IN JORDAN













### TRAINING IN BAHRAIN













### TRAINING IN CAMBODIA













# TRAINING IN SAUDI ARABIA













### TRAINING IN SUDAN













# TRAINING IN QATAR













### TRAINING IN MOROCCO













# TRAINING IN KURDISTAN













# TRAINING IN YEMEN













### **TRAINING IN MALAYSIA**













## TRAINING IN INDONESIA













### TRAINING IN TURKEY













# TRAINING IN TUNIS













### TRAINING IN TANZANIA























### TRAINING IN SRI LANKA













# TRAINING IN PALESTINE













### TRAINING IN ALGERIA













# TRAINING IN LEBANON













### TRAINING IN LIBYA













# TRAINING IN NIGERIA













### TRAINING IN AUSTRALIA













# TRAINING IN GHANA











#### **Achievements so Far**

- 1. Completing 220 training courses in 26 different countries.
- 2. Qualifying more than 16.000 trainees all over the world.
- 3. Volunteers delivered more than 1.5 million lectures in schools, universities and youth centres.
- 4. Distributing more than 1.5 million of the project books free to educate the youth.
- 5. Distributing tenth of thousands of CDs about these STDs free to youth.
- 6. Building a support websites such as www.qudah.com and on social media such as the Facebook page for the project.www.facebook.com/youth.protection.project.
- 7. Broadcasting a number of TV shows about the project through different satellite channels besides press reports.
- 8. Enriching the Islamic Education curricula for preparatory and secondary schools in Lebanon with main content of the project.
- 9. Authoring twenty reference books for people working and training in the project, both Arabic and English.
- 10. Authoring children stories to introduce sexual education values in young children in a correct language and in a good Islamic understanding.



Dr. Ahmad Al-Kofahi

### Supporting this project is a continues charity

#### بسم الله الرحمن الرحيم

All the praise is due to Allah Who raised the status of all the beneficial sciences, and peace and blessing be upon the messenger who was sent a teacher and who made science and knowledge the heritage of prophethood.

Indeed, the best form of spending wealth

and money in order to win in this life and the life after is to direct this money towards protecting and spreading the beneficial knowledge. All sciences and its different disciplines deemed to be Islamic in nature and falls under the Sharia obligations and human necessities as long as it is connected to the five main goals of Islam (Al-Magasid Al-Khamsah).

Certainly the outcomes of the global campaign working on spreading promiscuity and pornography besides aiming directly to destroy the five necessities. This is clear today through seeing millions of STDs and AIDS casualties. Nothing can stop this movement except an anticampaign to spread awareness and education that is based on science and faith such as the blessed efforts led by FIMA through their project 'Protecting youth from the STDs and AIDS'.

Therefore, we urge people who are blessed with wealth and good intention to support this project, since this project is classified under the

beneficial knowledge that is categorised among the continuous charity as mentioned in the following Hadith: The Messenger of Allah (PBUH) said, "When a man dies, his deeds come to an end except for three things: Sadaqah Jariyah (ceaseless charity); a knowledge which is beneficial, or a virtuous descendant who prays for him (for the deceased).

Then, would you harry up and compete in such a noble causes. May Allah guide us to the straight path.

Dr. Ahmad Al-Kofahi Professor of Figh and Ussol

### RECOMMENDATION FROM SHEIKH YOUSEF AL - QARADAWI









تزكية لمن يهمه الأمر

۲۸ در الحجة ۱۹۳۰هـ ۱۵ نیسمبر ۲۰۰۹م

الحمد شه، والصدلاة والمدلام على رسول الله، وعلى آله وصحبه ومن اتبع هداه. (وبعد)

فإن مشروع وقاية الشباب من الأمراض المنقولة جنسيا (الإيدز)، الذي يشرف عليه الاتحـــاد العالمي للجمعيات الطبية الإسلامية، مشروع كبير يهدف إلى وقاية الشباب ووقايتهم من الانحراف، والوقوع في براثن الأمراض المعدية التي تقتك بهم.

ويقوم على المشروع عدد من الإخوة المعروفين لدينا، الموثوق بدينهم وأمانتهم، وحسن فهمهم للإسلام، وحماسهم في العمل له، وعلى رأسهم أخونا الكريم الدكتور عبد الحميد القضاة.

وقد قاموا بحمد الله بجهد مشكور في توعية الشباب، بعقد الدورات التنقيفية، وتوزيع مئات الآلاف من الكتب والاسطوانات المدمجة، وإلقاء المحاضرات في المساجد والمعاهد والجامعات، والاشتراك في البرامج الإذاعية والتلفزيونية، ونشر القصص التربوية من أجل تصصين المنباب، ووقايتهم من هذا النوع من الأمراض.

والحمد لله الذي بنعمته تتم الصالحات.

يوسف القوضاوي . ورسد المتر*ب أن المرب أن* وتسو الاتحاد العالمه لعلماء المسلمين



#### RECOMMENDATION FROM AZHAR REGARDING ONE OF THE PROJECT BOOKS

صاحب الفضيلة الأستاذ الدكتور/ محمد المختار محمد المهدى الرئيس العام للجمعيات الشرعية بمصر

السلام عليكم ورحمة الله ويركائب ٠٠٠٠ وبعد :-

فيناه على كتاب فضيلتكم بشأر، كتيب (الرؤية الإسلامية في مواجهة مرض الإيدز) عداد هيئة كبار العاماء بالجمعية الشرعية الرئيسية ، نفيد فضيلتكم أنه بعد فحص ومراحعة الكتيب المذكور تبين أنه يستحق أن يوزن بالذهب ويجب نشره على ندلاق واسع وتوزيعه بالمجان حفاظاً على صحة الأمة وصونا لشبابها ويبانا عظمة الإسلام وحضارته الراقية الواقية من كل ما يهدد الفرد والجماعة ،



# You Are Invited To Participate With Us Even With The Minimum, It Might Be Your Chance For Ceaseless Charity (Sadaqah Jariyah)

#### Your contribution can....

- Fund the costs of the project books.
- Fund the costs of the training kit and stationary.
- Fund the costs of the trainers.
- Fund the costs of computers and data. projectors for the trainers.





















#### **Project Committee In Jordan**



Dr. Abdul Hamid AlQudah, Expert in Sexually Transmitted Diseases Executive Director of the Youth Protection Project



**Dr. Ahmad Al-Kofahi**, Professor of Fiqh and Ussol Project Religious Consultant.



**Dr. Isam Trad**, Dean of Engineering Faculty Jadara Un. project Spokesman.



Mr. Mofeed Serhan, Director of Al - Afaf Assoa ation Project Coordinator in Jordan.



**Mr. Ghaith Maani**, Director of Maani Legal Consultations Project Legal Consultant.